

#### **Delivering for Nutrition in South Asia**

**November 1, 2023** 

Equity and Inclusion

Ideas, Institutions, and Power: A study of the Political Economy of Fiscal Policies and Regulations to Improve Healthy Dietary Patterns in Sri Lanka.

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# **Rationale & Objectives**

- Unhealthy diets fuel the rise of non-communicable diseases in Sri Lanka.
- Key policies to promote healthier eating habits:
  - Traffic light labeling for sugar-sweetened beverages (SSBs) introduced in 2016.
  - SSB taxation implemented in 2017.
- This study conducts a political economy analysis of Sri Lanka's food environment, focusing on these two policies.
- Our goal is to uncover stakeholder power dynamics and provide insights for enhanced policy strategies to benefit public health actors.



# **Methods & Analysis**

- Theoretical Framework: *Kingdon's Theory of Agenda-Setting* and *Campbell's Institutionalist Approach*.
- Analyzed Ideas, Institutions, Power, and Evidence at policy development and implementation stages.
- Qualitative approach with a deductive framework for data collection and analysis.
- Data Sources: Documents and Key Informants.
- Deductive reasoning to identify themes aligned with the theoretical framework.



# **Results & Findings**

## **Policy Framing and Content**

- NCDs and nutrition are well-framed in health sector policies
- Lack comprehensive attention in key areas:
  - Funding sources
  - Commitment to fiscal measures
  - Governance
  - Gender sensitivity
  - Stakeholder identification

### Ideas

- Main concerns in the food environment are affordability, availability, and accessibility.
- Lack of public concern and awareness on nutrition presents a significant challenge
- High level political commitment is important.



## **Results & Findings**

## Institutions, Power, and Influence

- Ministry of Health plays a pivotal role, but other sectors show inadequate integration.
  - Active involvement in case study policies stems from designated responsibilities.
  - Civil society involvement remains minimal.
- Government exerts significant power, but industry lobbying impacts policy formulation, potentially undermining effectiveness and desired outcomes.
- Various forms of industry response
- Coordination and communication gaps among stakeholders.
- Implementation gaps were mainly due to resource constraints.
- Unaddressed issues during the policy development stage led to concerns during policy implementation, ultimately hindering policy effectiveness



# Implications

### **Policy Development**

### •Policy Framing and Content

•Continue to prioritize NCDs and Nutrition in policy framing •Ensure coverage of crucial policy elements

### •Stakeholder Engagement

•Promote active and continuous participation of all stakeholders throughout the policy development stage and the policy cycle

### •Addressing Technical and Legal Issues

•Proactively address technical and legal considerations during the policy development stage



# Implications

### **Policy Implementation**

- Create Awareness
  - Public Awareness
- Manage Industry Interferences and Responses
  - Encourage positive industry actions
  - Expose and minimize unethical interferences
  - Promote industry participation and address concerns
- Increase Government Involvement and Political Commitment
- Close Implementation Gaps



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Thank you !