

Delivering for Nutrition in South Asia

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Equity and Inclusion

Ideas, Institutions, and Power: A study of the Political Economy of Fiscal Policies and Regulations to Improve Healthy Dietary Patterns in Sri Lanka.

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Rationale & Objectives

- Unhealthy diets fuel the rise of non-communicable diseases in Sri Lanka.
- Key policies to promote healthier eating habits:
 - Traffic light labeling for sugar-sweetened beverages (SSBs) introduced in 2016.
 - SSB taxation implemented in 2017.
- This study conducts a political economy analysis of Sri Lanka's food environment, focusing on these two policies.
- Our goal is to uncover stakeholder power dynamics and provide insights for enhanced policy strategies to benefit public health actors.



Methods & Analysis

- Theoretical Framework: *Kingdon's Theory of Agenda-Setting* and *Campbell's Institutionalist Approach*.
- Analyzed Ideas, Institutions, Power, and Evidence at policy development and implementation stages.
- Qualitative approach with a deductive framework for data collection and analysis.
- Data Sources: Documents and Key Informants.
- Deductive reasoning to identify themes aligned with the theoretical framework.



Results & Findings

Policy Framing and Content

- NCDs and nutrition are well-framed in health sector policies
- Lack comprehensive attention in key areas:
 - Funding sources
 - Commitment to fiscal measures
 - Governance
 - Gender sensitivity
 - Stakeholder identification

Ideas

- Main concerns in the food environment are affordability, availability, and accessibility.
- Lack of public concern and awareness on nutrition presents a significant challenge
- High level political commitment is important.



Results & Findings

Institutions, Power, and Influence

- Ministry of Health plays a pivotal role, but other sectors show inadequate integration.
 - Active involvement in case study policies stems from designated responsibilities.
 - Civil society involvement remains minimal.
- Government exerts significant power, but industry lobbying impacts policy formulation, potentially undermining effectiveness and desired outcomes.
- Various forms of industry response
- Coordination and communication gaps among stakeholders.
- Implementation gaps were mainly due to resource constraints.
- Unaddressed issues during the policy development stage led to concerns during policy implementation, ultimately hindering policy effectiveness



Implications

Policy Development

•Policy Framing and Content

•Continue to prioritize NCDs and Nutrition in policy framing •Ensure coverage of crucial policy elements

•Stakeholder Engagement

•Promote active and continuous participation of all stakeholders throughout the policy development stage and the policy cycle

•Addressing Technical and Legal Issues

•Proactively address technical and legal considerations during the policy development stage



Implications

Policy Implementation

- Create Awareness
 - Public Awareness
- Manage Industry Interferences and Responses
 - Encourage positive industry actions
 - Expose and minimize unethical interferences
 - Promote industry participation and address concerns
- Increase Government Involvement and Political Commitment
- Close Implementation Gaps



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Thank you !