

Health &

Nutrition

**Provision of** 

additional

snacks for

children 3 to

6 years

# SNEH (Skilling, Nutrition, Education, and Health): An Integrated Post COVID Program for Eliminating Nutritional Deficits and Enhancing Learning Opportunities for Children



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Objective-SNEH aims to counter pandemic effects on child nutrition & education, bolstering adolescent mental health resilience, & create income opportunities for SHGs.

Project location- Gyaraspur block, Vidisha district, Madhya Pradesh (MP) & Gopabandhu Nagar & Thakurmumda block, Mayurbhanj, Odisha

Hot cooked meals

Training by master

trainers

MP

Meal

preparation

**Meal Preparation Model** 

**Odisha** 

Model

1:SHG

kitchen

Meal

preparation



### Reduced undernutrition:

Feasible: Providing hot

meals cooked to

children 6 months-3

years using existing

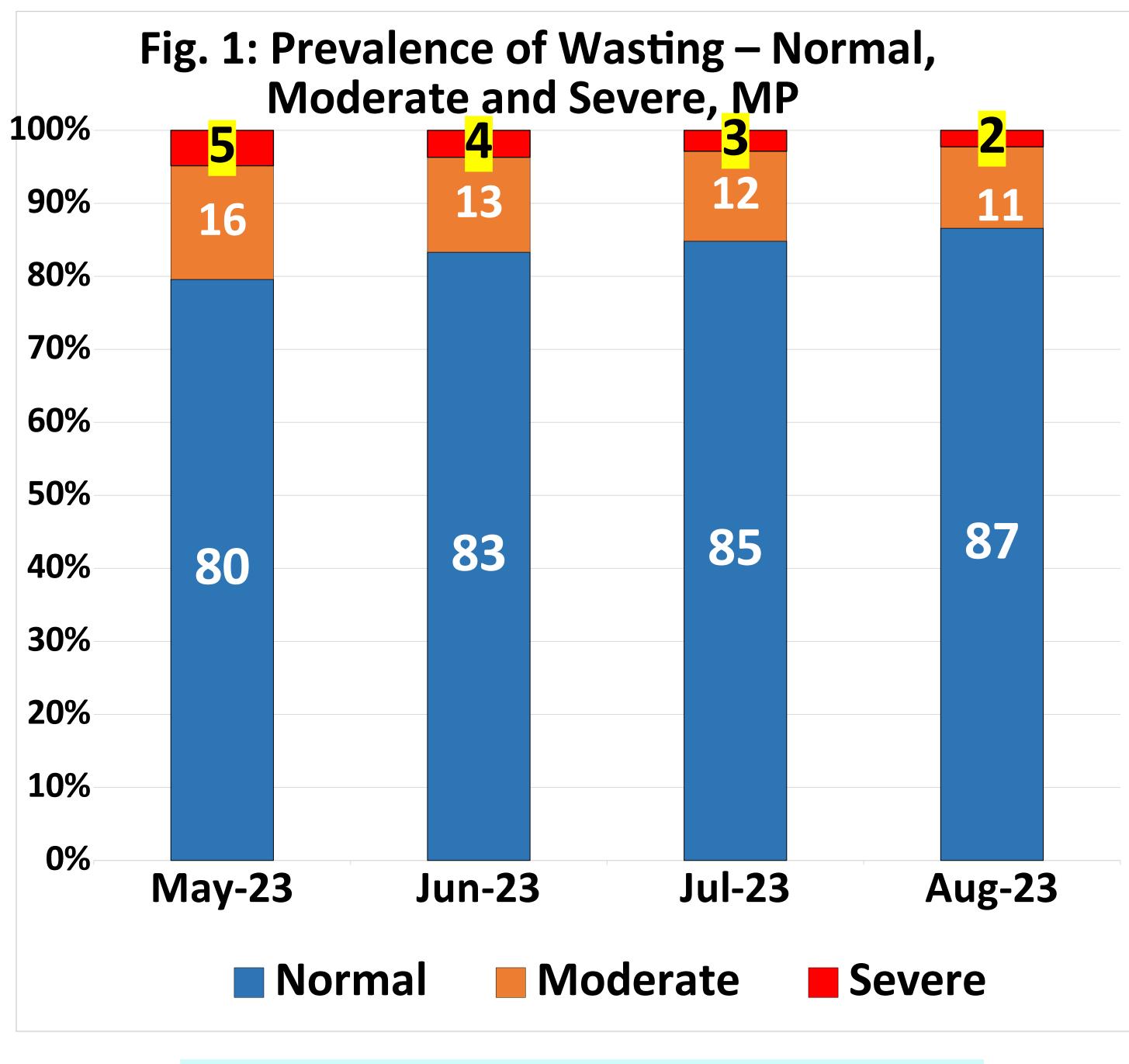
platform

Early data suggests a reduction in cases of severe & moderate wasting **Enhanced Menus:** Improved meal acceptance for children aged 3-6 years

Community kitchen model success: Early trends indicate enhanced income of the SHGs

**Capacitated AWWs: Enhanced** capacity for resourceful teaching learning materials (TLM), improved **AWW-child interaction.** 

**Preliminary Insights** 



## Implications

Integrated community-based strategies offer a potent avenue to combat undernutrition.

Early growth monitoring interventions demonstrate capacity to reduce undernutrition.

Providing hot cooked meals to children aged 6 months to 3 years presents a viable alternative to Take Home Ration, which can be explored.

## **Program Interventions** Mental Education

Ensuring

regular

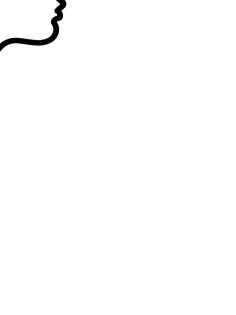
growth

monitoring













Interventions on Nutrition

> Follow-up of undernouris hed children at home & NRC referral



MIS system

At the AWC

by AW

helper



**Monitoring & Evaluation** 

**AWC** 

Third party evaluation

Model 2:

Community

kitchen run

by SHG

Home-based

care of all

children

under 6

years, as

necessary







